

## SPHDS FOOTHILL CENTURY - MAY 18, 2008 PARENT VOLUNTEER SIGN-UP SHEET

<b>VOLUNTEER TASKS</b>	<b>SHIFT TIMES</b>
Ambiance: Music/Decorations/Signage (registration, barbecue, rest stops)	Friday (5/16), Sunday (5/18)
Friday Food Prep - May 16	Friday 8 am - 12 pm
Friday Food Prep - May 16	Friday 12 pm - 4 pm
Direct Traffic/Parking Lot ( <b>Mary and Fremont Parking Lot</b> )	6 am - 8 am
Direct Traffic/Parking Lot ( <b>Mary and Fremont Parking Lot</b> )	8 am - 10:30 am
Registration/Check-in	6 am - 9 am
Registration/Check-in	8:30am-10:30am
Registration/Check-in Family Fun Ride ( <b>Mary Parking Lot</b> )	8:30 am - 11 am
Marking Family Fun Ride Sunday ( <b>Mary Parking Lot</b> )	8:30-10:00am
<b>Rest Stop(s):</b>	
Drive a Truck (or assist) in delivering materials to Rest Stops	5:45 am - 7:30 am
Drive a Truck (or assist) in picking up materials from Rest Stops	11 am – 2 pm (tentative timing)
Pick Up Coffee Service for Registration	6 am – 10 am
Coffee Service for Registration	6 am - 10 am
<b>Woodside High Rest Stop</b>	6:45 am – 9 am
	9:00 am – 11:30am
<b>Canada Road Rest Stop (no cars – 1 mile hike)</b>	7am-9:30am
	9:30 am – 12 pm
	12:00pm – 2:30 pm
<b>Windy Hill Rest Stop (Palo Alto)</b>	7:30 am – 9:30am
	9:30am-12:00pm
	12:00pm – 2:00 pm (standby)
<b>Juice Stop (Family Fun Ride)</b>	9:45 am-1pm
Bike Sweep/SAG - Riding a bike behind all other cyclists for security	8 am - end of ride
Cyclist Post-Ride Check-in/T-Shirt Distribution	10 am - 12pm
Cyclist Post-Ride Check-in/T-Shirt Distribution	12pm-2pm
<b>Barbecue:</b>	
Cooking and Serving	8 am - 12 pm
Cooking and Serving	12 pm - 4 pm
Clean up	2 pm - 6 pm

NAME: \_\_\_\_\_

PHONE #: \_\_\_\_\_

EMAIL: \_\_\_\_\_

T-SHIRT SIZE (circle one):            Adult S            Adult M            Adult L            Adult XL  
    Youth S            Youth M            Youth L

<b>Choice</b>	<b>Volunteer Task</b>	<b>Shift Times</b>
1st		
2nd		
3rd		

**We are in need of MANY volunteers to make this event successful. Please indicate your 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> choices for assignments and please let us know if you are available for multiple assignments.**

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**Please return this form to Rachel in the SPHDS Office. For questions about volunteer tasks, feel free to call Katie Wempler, Volunteer Coordinator, at 408-728-3041**